

# THRIVE Memory Care Program: is it Right for Your Loved One?

At The Canyons Retirement Community, our specialized Memory Care Unit takes a unique approach to the challenges of caring for individuals with Dementia and Alzheimer's. With our person-centered THRIVE program, our goal is to not just minimize or suppress the signs and symptoms of the disease. Our methods are designed to help the individual thrive and achieve the greatest quality of life possible, despite deteriorating memory and functional abilities. Our THRIVE program aims to facilitate positive outcomes by offering engaging, meaningful roles and life activities. We focus on optimizing functional independence, health, and quality of life by highlighting the patient's *abilities* rather than *deficits*. We offer individualized daily programs that assess the patient's needs and positively reinforce and maximize patients remaining strengths and abilities.



# THRIVE Program, Person-Centered Change

We offer Individual Care Plans, Group Care Plans, and Staffing Plans that are all tailored to allow personalized choices for the following:

- Wake/Bed Times
- Personal Activity Interests
- Daily Routine
- Group Activities
- Dining Choices

## Stages of Dementia

- 1 Early Stage: Beginning loss of complex functions and abilities, deficits in performing activities of daily living, requires supervision or minimal assistance.
- 2 Middle Stage: Has difficulty with communication and sequencing multi-step tasks, needs moderate assistance with activities of daily living, requires 1:1 care.
- 3 Late/End Stage: Growing medical needs, challenges with mobility, has progressed to needing complete care with all activities.

For More Information, Call  
(208) 358-9624



“The key to effective intervention with a person with cognitive challenges is to provide activities and environmental demands that equalize and highlight the person’s remaining capabilities and strengths, rather than focusing on eliminating or reducing negative behavior.”