

Quinn Meadows Rehab COVID-19 Reopening Plan

Goal

We remain ever diligent in maintaining the safety and health of our residents and health care providers to reduce the risk of spreading COVID-19. This plan was developed with the consideration of current facility and community status of COVID-19, CMS guidance, and CDC recommendations. This plan is subject to changes and/or updates at any time according to community outbreak and or facility COVID cases.

Phase 1- June 13, 2020- June 19, 2020

1. Criteria for Implementation-
 - a. The community is experiencing a decline and/or stabilization in the number of new cases, hospitalizations, or deaths, and no new community outbreaks.
 - b. There have been no new or rebound in COVID-19 cases within the nursing home facility for 14 days.
 - c. The facility has adequate supplies of personal protective equipment and essential cleaning and disinfecting supplies to care for residents.
 - d. The facility is not experiencing any staff shortages.
 - e. The surrounding community and hospitals have adequate bed capacity in intensive care units.
 - f. The facility has carefully reviewed any state or local health official orders, recommendations, or changes received from CDC or CMS, and implementation does not conflict with any orders or recommendations.
 - g. The facility has adequate access to testing for COVID-19 to meet Priority Group 1 Testing Protocol
2. General Visitation and Facility Entry
 - a. The facility HCP will continue to have entry, in addition to, critical care workers, and facility Medical Director.
 - b. Volunteers and noncritical vendors are restricted from entry.
 - c. Visitation for family and friends will continue to be restricted, except for authorized compassionate care situations. During these authorized compassionate care situations, no more than 5 individuals per patient will be allowed in the facility at any given time.
3. Screening
 - a. All individuals permitted entry will be screened according to COVID-19 CDC guidelines prior to entry to resident care areas. Temperature Screens and questionnaire will be done daily for HCP and symptom screening 2 x day for residents, including temp >100 or subjective fever and symptoms suggestive of COVID-19.
 - b. Any HCP or individual who triggers one of the listed areas will be restricted access.
 - c. Any individual non-compliant with any of the screening protocols will be denied entry into the patient care areas.
4. Universal Source Control during Phase 1
 - a. Screening per above-mentioned protocol will occur for everyone who enters facility.
 - b. Individuals, including residents/patients, should continue to engage in social distancing of at least six feet.
 - c. All HCP will practice good hand hygiene at all times.
 - d. HCP will assist residents/patients in practicing good hand hygiene at all times.
 - e. All visitors who are non-HCP will be instructed and must perform proper hand hygiene.
 - f. All HCP and visitors will wear face coverings in facility at all times.
 - g. HCP will wear required PPE where appropriate.
 - h. Authorized compassionate care situation visitors will wear full PPE (mask, gown, gloves).
 - i. Staff will disinfect surfaces and objects regularly.
 - j. Testing of symptomatic staff, residents, and all new admits (prior admit or upon admission)
 - k. Symptom screening 2 x day on all residents pertaining to signs and symptoms of COVID-19
 - l. All residents are care planned for COVID-19 monitoring and 2x daily screenings

- m. Communal Dining will be allowed for residents/patients who are either asymptomatic or negative test and are no longer on 14-day quarantine. Social distancing spacing will be maintained for residents/patients who participate in communal dining.
 - i. Residents/patients will adhere to the above-mentioned protocols for hand hygiene and social distancing.
- n. Activities will be limited to groups of 10 or less and will be limited to residents/patients who are either asymptomatic or negative test and are no longer on 14-day quarantine.
 - i. Residents will adhere to the above-mentioned prevention protocols including hand hygiene and 6 feet of social distancing.
 - ii. Residents participating in group activities will be encouraged to wear a face covering if they have no breathing difficulties and if they can remove the mask themselves.
 - iii. If at any time COVID-19 infection is suspected during Phase 1 among group participants, group activities will be ceased until infection is confirmed negative.
- o. Medically necessary trips outside of the facility will be avoided if circumstances permit.
 - i. If appointments are deemed necessary, then residents will adhere to the above-mentioned prevention measures during trip outside the facility.
 - ii. Any resident or patient with breathing difficulties or who is unable to remove their mask without assistance will not be required to wear a mask during out of facility trips.
 - iii. Staff accompanying patients on medically necessary trips will carry hand sanitizer that will be utilized by staff and patient throughout the trip as needed.
 - iv. A facility letter will be sent to all potential health care providers, asking compliance from the providers to alert the facility if any known Covid-19 patients have been at their location in the last 14 day.
 - v. If a health care provider alerts the facility of any known cases within their building, measures will be taken to attempt to change providers or reschedule appointment if possible.
 - vi. Upon return to the facility, HCP will assist the resident/patient in performing proper hand hygiene and will educate the patient about reporting any new signs or symptoms consistent with CDC COVID-19 guidelines.
 - vii. The facility transport personnel will thoroughly disinfect high touch surfaces in the transport vehicle following each resident transport.
 - viii. If a resident/patient leaves the facility for any reason against medical advice or in conflict with protocols, fellow residents/patients will be protected upon resident' return by testing the resident. Additionally, quarantine measures will be taken until receipt of results.

Phase 2 June 19, 2020- July 6, 2020

- 1. Criteria for Implementation-
 - a. The community is experiencing a decline and/or stabilization in the number of new cases, hospitalizations, or deaths, and no new community outbreaks.
 - b. There have been no new or rebound in COVID-19 cases within the nursing home facility during Phase 1.
 - c. The facility has adequate supplies of personal protective equipment and essential cleaning and disinfecting supplies to care for residents.
 - d. The facility is not experiencing any staff shortages.
 - e. The surrounding community and hospitals have adequate bed capacity in intensive care units.
 - f. The facility has carefully reviewed any state or local health official orders, recommendations, or changes received from CDC or CMS, and implementation does not conflict with any orders or recommendations.

- g. The facility has adequate access to testing for COVID-19 to meet Priority Group 1 Testing Protocol
2. General Visitation and Facility Entry
- a. The facility HCP will continue to have entry, in addition to, critical care workers, and facility Medical Director.
 - b. Facility-contracted Cosmetologist and non-critical vendors limited scheduled entry. These individuals will call at least 24 hours in advance to the administrator and schedule an appointment.
 - c. Visitation for family and friends will be limited to **designated outdoor** areas and scheduled between hours of 9 a.m. and 8 p.m., except for authorized compassionate care situations. All visits must be scheduled with administrator at least 24 hours in advance and are limited to 30 minute visits.
 - i. Social distancing must continue during visits and masks must be worn by visitors.
 - ii. If resident/patient does not have breathing issues and can remove the mask without assistance, the resident/patient will also wear a face covering.
 - iii. Maximum of (2) Two visitors at a time per resident.
 - iv. Only one resident/patient with visitors in the designated outdoor visit area at a time.
 - v. Visitor must be screened, must wear facemask, and sanitize hands with provided sanitizer. Due to limited availability of PPE, families must provide own face mask during visits.
3. Screening
- a. All individuals permitted entry will be screened according to COVID-19 CDC guidelines prior to entry to resident care areas. Temperature Screens and questionnaire will be done daily for HCP and symptom screening 2 x day for residents, including temp >100 or subjective fever and symptoms suggestive of COVID-19.
 - b. Any HCP or individual who triggers one of the listed areas will be restricted access.
 - c. Any individual non-compliant with any of the screening protocols will be denied entry into the patient care areas.
 - d. Guests visiting the outdoor visitation area will also be subject to screening process and protocol.
4. Universal Source Control
- a. Screening per above-mentioned protocol will occur for everyone who enters facility.
 - b. Individuals, including residents/patients, should continue to engage in social distancing of at least six feet.
 - c. All HCP will practice good hand hygiene at all times.
 - d. HCP will assist residents/patients in practicing good hand hygiene at all times.
 - e. All visitors who are non-HCP will be instructed and must perform proper hand hygiene.
 - f. All HCP and visitors will wear face coverings in facility or in designated visitation area at all times.
 - g. HCP will wear required PPE where appropriate.
 - h. Authorized compassionate care situation visitors will wear full PPE (mask, gown, gloves).
 - i. Staff will disinfect surfaces and objects regularly.
 - j. Testing of symptomatic staff, residents, and all new admits (prior admit or upon admission)
 - k. Symptom screening 2 x day on all residents pertaining to signs and symptoms of COVID-19
 - l. All residents are care planned for COVID-19 monitoring and 2x daily screenings
 - m. Communal Dining is allowed with residents/patients who are either asymptomatic or negative test and are no longer on 14-day quarantine. All residents during communal dining will maintain social distancing spacing.
 - i. Residents/patients will adhere to the above-mentioned protocols for hand hygiene and social distancing.

- n. Activities will be held with groups where 6 feet of social distancing can be maintained within the space. and will be limited to residents/patients who are either asymptomatic or negative test and are no longer on 14-day quarantine.
 - i. Residents will adhere to the above-mentioned prevention protocols.
 - ii. Residents participating in group activities will be encouraged to wear a face covering if they have no breathing troubles and if they can remove it themselves.
 - iii. If at any time COVID-19 infection is suspected during Phase 2 among group participants, group activities will be immediately ceased until infection is confirmed negative.
- o. Medically necessary trips outside of the facility will be avoided if circumstances permit.
 - i. If appointments are deemed necessary, then residents will adhere to the above-mentioned prevention measures during trip outside the facility.
 - ii. Any resident or patient with breathing difficulties or who is unable to remove their mask without assistance will not be required to wear a mask during out of facility trips.
 - iii. Staff accompanying patients on medically necessary trips will carry hand sanitizer that will be utilized by staff and patient throughout the trip as needed.
 - iv. A facility letter will be sent to all potential health care providers, asking compliance from the providers to alert the facility if any known Covid-19 patients have been at their location in the last 14 day.
 - v. If a health care provider alerts the facility of any known cases within their building, measures will be taken to attempt to change providers or reschedule appointment if possible.
 - vi. Upon return to the facility, HCP will assist the resident/patient in performing proper hand hygiene and will educate the patient about reporting any new signs or symptoms consistent with CDC COVID-19 guidelines.
 - vii. The facility transport personnel will thoroughly disinfect high touch surfaces in the transport vehicle following each resident transport.
 - viii. If a resident/patient leaves the facility for any reason against medical advice or in conflict with protocols, fellow residents/patients will be protected upon resident' return by testing the resident. Additionally, quarantine measures will be taken until receipt of results.
- p. Any resident with COVID-19 or develops symptoms will be managed as outlined in the facility's COVID-19 Policy and Procedure Plan.
- q. Should there be a confirmed resident or HCP COVID-19 transmission, the facility will revert to the highest level of mitigation (Phase 1) and follow the facility's policy and procedure plan for outbreak.

Phase 3 July 6, 2020- July 20, 2020

- 1. Criteria for Implementation-
 - a. The community is experiencing a decline and/or stabilization in the number of new cases, hospitalizations, or deaths, and no new community outbreaks.
 - b. There have been no new or rebound in COVID-19 cases within the nursing home facility for 14 days or during Phase 2.
 - c. The facility has adequate supplies of personal protective equipment and essential cleaning and disinfecting supplies to care for residents.
 - d. The facility is not experiencing any staff shortages.

- e. The surrounding community and hospitals have adequate bed capacity in intensive care units.
 - f. The facility has carefully reviewed any state or local health official orders, recommendations, or changes received from CDC or CMS, and implementation does not conflict with any orders or recommendations.
 - g. The facility has adequate access to testing for COVID-19 to meet Priority Group 1 Testing Protocol
2. General Visitation and Facility Entry
- a. The facility HCP will continue to have entry, in addition to, critical care workers, and facility Medical Director.
 - b. Facility-contracted Cosmetologist and non-critical vendors limited scheduled entry. These individuals will call at least 24 hours in advance to the administrator and schedule an appointment.
 - c. Visitation for family and friends may occur in rooms and will be limited to two visitors. Scheduling visit ahead of time will not be required during this phase.
 - i. Staff will assist visitors in carrying out proper handwashing as per CDC guidelines upon arrival for visit.
 - ii. Social distancing must continue during visits and masks must be worn.
 - iii. Two visitors at a time per resident.
 - iv. Compassionate care situation visitors will be allowed to have up to 5 persons in the room at a time.
 - ix. Visitor must be screened, must wear masks, and sanitize. Due to limited availability of PPE, families must provide own face mask during visits.
3. Screening
- a. All individuals permitted entry will be screened according to COVID-19 CDC guidelines prior to entry to resident care areas. Temperature Screens and questionnaire will be done daily for HCP and symptom screening 2 x day for residents, including temp >100 or subjective fever and symptoms suggestive of COVID-19.
 - b. Any HCP or individual who triggers one of the listed areas will be restricted access.
 - c. Any individual non-compliant with any of the screening protocols will be denied entry into the patient care areas.
4. Universal Source Control
- a. Screening per above-mentioned protocol will occur for everyone who enters facility.
 - b. Individuals, including residents/patients, should continue to engage in social distancing of at least six feet.
 - c. All HCP will practice good hand hygiene at all times.
 - d. HCP will assist residents/patients in practicing good hand hygiene at all times.
 - e. All visitors who are non-HCP will be instructed and must perform proper hand hygiene.
 - f. All HCP and visitors will wear face coverings in facility at all times.
 - g. HCP will wear required PPE where appropriate.
 - h. Compassionate care situation visitors will be allowed to have up to 5 persons in the room at a time.
 - i. Staff will disinfect surfaces and objects regularly.
 - j. Testing of symptomatic staff, residents, and all new admits (prior admit or upon admission)
 - k. Symptom screening 2 x day on all residents pertaining to signs and symptoms of COVID-19
 - l. All residents are care planned for COVID-19 monitoring and 2x daily screenings
 - m. Communal Dining is allowed with residents/patients who are either asymptomatic or negative test and are no longer on 14-day quarantine. All residents during communal dining will maintain social distancing spacing.

- i. Residents/patients will adhere to the above-mentioned protocols for hand hygiene and social distancing.
- n. Activities will be held with groups where 6 feet of social distancing can be maintained within the space. and will be limited to residents/patients who are either asymptomatic or negative test and are no longer on 14-day quarantine.
 - i. Residents will adhere to the above-mentioned prevention protocols.
 - ii. Residents participating in group activities will be encouraged to wear a face covering if they have no breathing troubles and if they can remove it themselves.
 - iii. If at any time COVID-19 infection is suspected during Phase 2 among group participants, group activities will be immediately ceased until infection is confirmed negative.
- o. Medically necessary trips outside of the facility will be avoided if circumstances permit.
 - i. If appointments are deemed necessary, then residents will adhere to the above-mentioned prevention measures during trip outside the facility, as well as will wear full PPE during duration of trip.
 - ii. Any resident or patient with breathing difficulties or who is unable to remove their mask without assistance will not be required to wear a mask during out of facility trips.
 - iii. Staff accompanying patients on medically necessary trips will carry hand sanitizer that will be utilized by staff and patient throughout the trip as needed.
 - iv. A facility letter will be sent to all potential health care providers, asking compliance from the providers to alert the facility if any known Covid-19 patients have been at their location in the last 14 day.
 - v. If a health care provider alerts the facility of any known cases within their building, measures will be taken to attempt to change providers or reschedule appointment if possible.
 - vi. Upon return to the facility, HCP will assist the resident/patient in performing proper hand hygiene and will educate the patient about reporting any new signs or symptoms consistent with CDC COVID-19 guidelines.
 - vii. The facility transport personnel will thoroughly disinfect high touch surfaces in the transport vehicle following each resident transport.
 - viii. If a resident/patient leaves the facility for any reason against medical advice or in conflict with protocols, fellow residents/patients will be protected upon resident's return by testing the resident. Additionally, quarantine measures will be taken until receipt of results.
- p. Any resident with COVID-19 or develops symptoms will be managed as outlined in the facility's COVID-19 Policy and Procedure Plan.
- q. Should there be a confirmed resident or HCP COVID-19 transmission, the facility will revert to the highest level of mitigation (Phase 1) and follow the facility's policy and procedure plan for outbreak.

Phase 4 - Final Re-Open: July 20, 2020

- 1. Criteria for Implementation-
 - a. The community is experiencing a decline and/or stabilization in the number of new cases, hospitalizations, or deaths, and no new community outbreaks.

- b. There have been no new or rebound in COVID-19 cases within the nursing home facility for 14 days or during Phase 3.
 - c. The facility has adequate supplies of personal protective equipment and essential cleaning and disinfecting supplies to care for residents.
 - d. The facility is not experiencing any staff shortages.
 - e. The surrounding community and hospitals have adequate bed capacity in intensive care units.
 - f. The facility has carefully reviewed any state or local health official orders, recommendations, or changes received from CDC or CMS, and implementation does not conflict with any orders or recommendations.
 - g. The facility has adequate access to testing for COVID-19 to meet Priority Group 1 Testing Protocol
2. General Visitation and Facility Entry
- a. No restrictions at this time. All individuals who are willing to comply with continued screening and Universal source Control guidelines will be allowed in the facility.
3. Screening
- a. All individuals will be screened according to COVID-19 CDC guidelines prior to entry to resident care areas. Temperature Screens and questionnaire will be done daily for HCP and symptom screening 2 x day for residents, including temp >100 or subjective fever and symptoms suggestive of COVID-19.
 - b. Any HCP or individual who triggers one of the listed areas will be restricted access.
 - c. Any individual non-compliant with any of the screening protocols will be denied entry into the patient care areas.
4. Universal Source Control
- a. Screening per above-mentioned protocol will occur for everyone who enters facility.
 - b. Individuals no longer are required to maintain 6 feet of social distancing.
 - c. All HCP will practice good hand hygiene at all times.
 - d. HCP will assist residents/patients in practicing good hand hygiene at all times.
 - e. All visitors who are non-HCP will be instructed and must perform proper hand hygiene.
 - f. All HCP and visitors are not required to wear face coverings unless it is warranted/required due to a specific patient diagnosis or situation.
 - g. HCP will wear required PPE where appropriate.
 - h. Staff will disinfect surfaces and objects regularly.
 - i. Testing of symptomatic staff and residents. However, all new admits (prior admit or upon admission) will not be tested.
 - j. Symptom screening 2 x day on all residents pertaining to signs and symptoms of COVID-19
 - k. All residents are care planned for COVID-19 monitoring and 2x daily screenings
 - l. Communal Dining is allowed with residents/patients who are either asymptomatic or negative test and are no longer on 14-day quarantine. All residents during communal dining no longer need to maintain social distancing; multiple residents at each table will be allowed.
 - i. Residents/patients will adhere to the above-mentioned protocols for hand hygiene prior to and following meals.
 - m. Activities will be held with groups as appropriate and social distancing no longer needs to be maintained within the space. Activities will be limited to residents/patients who are either asymptomatic or negative test and are no longer on 14-day quarantine.
 - i. Residents will adhere to the above-mentioned prevention protocols with handwashing.
 - ii. Residents participating in group activities will not be required to wear a face covering.

- iii. If at any time COVID-19 infection is suspected during Phase 4 among group participants, group activities will be immediately ceased until infection is confirmed negative.
- n. Medically necessary and other scheduled appointments/trips outside of the facility will resume as normal.
 - i. During trips outside the facility, residents will adhere to the above-mentioned prevention measures during trip outside the facility including using hand sanitizer and mask if possible.
 - ii. Any resident or patient with breathing difficulties or who is unable to remove their mask without assistance will not be required to wear a mask during out of facility trips.
 - iii. Staff accompanying patients on appointments/trips will carry hand sanitizer that will be utilized by staff and patient throughout the trip as needed.
 - iv. A facility letter will be sent to all potential health care providers, asking compliance from the providers to alert the facility if any known Covid-19 patients have been at their location in the last 14 day.
 - v. If a health care provider alerts the facility of any known cases within their building, measures will be taken to attempt to change providers or reschedule appointment if possible.
 - vi. Upon return to the facility, HCP will assist the resident/patient in performing proper hand hygiene and will educate the patient about reporting any new signs or symptoms consistent with CDC COVID-19 guidelines.
 - vii. The facility transport personnel will thoroughly disinfect high touch surfaces in the transport vehicle following each resident transport.
- p. Any resident with COVID-19 or develops symptoms will be managed as outlined in the facility's COVID-19 Policy and Procedure Plan.
- q. Should there be a confirmed resident or HCP COVID-19 transmission, the facility will revert to the highest level of mitigation (Phase 1) and follow the facility's policy and procedure plan for outbreak.