

ABOUT RECREATIONAL THERAPY

The American Therapeutic Recreation Association defines Recreational Therapy as, "a systematic process that utilizes recreation and other activity-based interventions to address the assessed needs of individuals with illnesses and/or disabling conditions, as a means to psychological and physical health, recovery and well-being."

Put more simply, Recreational Therapy is a practice by which professionals plan and implement specific recreational interventions, to meet the needs of an individual, regardless of their abilities.

The practice of recreational therapy is holistic in its approach, seeking to help each individual maximize their abilities and meet their goals.



*Experience
finding joy in
the journey...*

— QUESTIONS? —

CONTACT US FOR
MORE INFORMATION:

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📍 410 W 1st N, Rexburg, ID 83440



CARRIAGE COVE

Recreational Therapy Department



Finding joy in the
journey

<https://tanabell.com/carriage-cove/>

MEET EMILY

Emily is the Certified Recreational Therapist, or CTRS, at Madison Carriage Cove. As the CTRS, Emily employs evidence-based practice into the interventions she provides to the residents, in order to improve their overall quality of life.



Our vision is to find joy in the journey. In order to accomplish this, our team strives to provide therapeutic interventions that are individualized, meaningful, and relevant.

Volunteering

Carriage Cove welcomes all volunteers!

Volunteering provides a great opportunity to become more familiar with the geriatric population, learn about rehabilitation, develop your people skills, build your resume, and help change our resident's lives.



INTERNSHIPS

What you can expect from an internship experience at Carriage Cove?

- Working together with a comprehensive rehabilitation team
- Experience with many different diagnoses
- Dual focus on both geriatrics and rehabilitation
- Documentation and assessment practice
- Development and implementation of resident goals



If you are interested in completing your internship here, please do not hesitate to contact Emily with any questions!



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